



St. James Episcopal Church
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[Click here to visit our Website or go to stjamesutah.com](#)



Koinonia

"Christian fellowship or communion, with God or, more commonly, with fellow Christians."

A newsletter of life and ministries at St. James Episcopal Church

February 7, 2020

*St. James is pleased to welcome the following representatives of the Standing Committee and Diocesan Council to both liturgies Sunday:
Diocesan Council - Russ Pack, and from Standing Committee - Nancy Tanner, Kurt Cook, and Debi Kuwada. They will be available afterwards at the coffee social for questions and answers regarding the governing of our Diocese. Welcome!*



The Super Bowl is over, but the Souper Bowl of Caring continues!

Thank you to everyone who has donated to the Granite Education Foundation during the Souper Bowl of Caring ... we raised about \$2,000 on Sunday.

We have a \$2,500 match so if you didn't donate last week, you can still donate this Sunday.

If you want to write a check please make it out to "St James"

and put "Souper Bowl of Caring" on the memo line. Thank you and see you Sunday!!!



Vestry Corner



By Jesse Parent

My name is Jesse Parent and I am proud to serve on our St. James vestry. 2020 is kicking off with a new vestry that is excited to do good work for our parish. There are many more people that are doing the work necessary at St. James than just the vestry, though. There are big jobs like organizing events or keeping our building in shape, and there are small jobs like saying hello to a new face that can mean a lot in their impression of our community.

In my time here at St. James, I have tried out many different ministries in an effort to both help out as well as to just understand how different parts of our organization work. I served on the Altar Guild and learned about ceremony and a lot of Latin names for everyday items (like the lavabo bowl). I helped with the food bank and discovered the joy of both lifting heavy boxes as well as sorting cans on shelves (turns out I am very Type A). I took a brief training to serve chalice and was told a horror story of a parishioner that dumped the whole chalice on their own head (that's why we never fully let go of the cup, folks). I got to teach Sunday School to our youth and talk about how there are Bible references everywhere and how Mary is more revered in Islam than in Christianity (she is mentioned more in the Quran than in the New Testament). In every one of these services, I learned more about my faith and myself. It didn't cost me a lot of time and the payoff was incredible.

As you look at your journey here at St. James, I invite you to challenge yourself to find new ways to serve. Maybe you haven't hosted a coffee hour in a few years and have the opportunity to welcome new people. Perhaps you are already friendly and wouldn't mind being the person greeting folks as they walk in the door. Or you may have a great singing voice and want to test drive it outside of the shower by volunteering to be on our choir. You probably are already serving at capacity in a dozen different places and might just be looking for something else to try to refresh your energy here at St. James.

No matter your level of contribution, we see you and appreciate what you do. Your talents are valuable gifts and they will always yield a return in our community.

"Be brave enough to try something new; you might just succeed."
— Stacey Kehoe

Rector's Thoughts

The Sacraments

Q. What are the sacraments?

A. The sacraments are outward and visible signs of inward and spiritual grace, given by Christ as sure and certain means by which we receive that grace.

Q. What is grace?

A. Grace is God's favor toward us, unearned and undeserved; by grace God forgives our sins, enlightens our minds, stirs our hearts, and strengthens our wills.

Q. What is Confirmation?

A. Confirmation is the rite in which we express a mature commitment to Christ, and receive strength from the Holy Spirit through prayer and the laying on of hands by a bishop. Q. What is required of those to be confirmed? A. It is required of those to be confirmed that they have been baptized, are sufficiently instructed in the Christian Faith, are penitent for their sins, and are ready to affirm their confession of Jesus Christ as Savior and Lord.



The Book of Common Prayer, pp. 857-858, 860.

I'm glad to share that classes will begin this Spring to prepare for Bishop Scott Hayashi's Visitation on Sunday, June 21st at 9 a.m., when parishioners will be confirmed, be received into the Episcopal Church, and make a reaffirmation of baptismal vows. The schedule follows.

The youth who have Confirmation classes in 2019 and 2016 are encouraged to be mentors for this year's class. Please speak to me if you are available. The adults who were in last year's class are invited to mentor adult peers.

Please note that the youth need to attend a minimum of 6 of the 8 classes and will be expected to make up missed studies. If schedules don't work for you this year, we will have another Confirmation class in 2021. Do not choose adult mentors until after we have discussed this in our first class. The youth will also complete a collaborative service project of their choosing. Adults will make up missed classes with communication with me.

In my own spiritual life, I found Reception into the Episcopal Church to be a very profound experience. Please speak with me if you are interested in receiving one of these Sacraments. I look forward to sharing this experience with many of you.

Peace and blessings,

Father Christopher

Confirmation Class Schedule

**We will have two classes, both held in the rector's office on Sundays:
adults from 9 to 9:45 a.m. and youth from 11:30 a.m. to 12:30 p.m.**

Sunday 8 March
Sunday 15 March
Sunday 22 March
Sunday 5 April
Sunday 3 May
Sunday 31 May
Sunday 7 June
Sunday 14 June

Sunday 21 June at 9 a.m. - Confirmation with Bishop Scott Hayashi

Guest Preacher this Sunday



This Sunday we welcome our guest preacher, Sinnamon Wolfe, who was born and raised in Kearns. She graduated from Juan Diego Catholic High School in 2002. She then received her BA in Religious Studies and Art from Saint Mary's College in 2006. During her time at Saint Mary's, she studied abroad in Rome and served on the Student Diversity Board, was secretary of the Feminist United student club, and volunteered for Campus Ministry where she lead scripture study groups.

Sinnamon continued her religious studies at Claremont School of Theology in Claremont, CA where she earned an M.A. in Religious Education in 2011 and an M.A. in Ministry, Leadership, and Service focusing on interfaith spiritual care in 2015. Sinnamon also completed two years of chaplain residency in Yuma, AZ from 2011-2013, where she developed a passion for spiritual care and accompanying people during times of crisis and supporting their spiritual journeys. Sinnamon currently serves as a chaplain at Bristol Hospice in Northern Utah where she provides support to persons and their families facing end of life. Sinnamon hopes to continue her ministerial development by pursuing ordination in the Unitarian Universalist Association.

Please join us this Sunday at 9:00 am for Adult Sunday School.
We will have guest speakers from the Aspen Magdalene House.
As always, there will be yummy treats!
#bethegospels

Cultivating Our Roots

By Angela Micklos

As you know, several St. James parishioners recently attended the Rooted in Jesus conference in Atlanta the week before last. It was a wonderful experience that I'm sure you'll be hearing about from all who attended.



What does it mean to be "rooted in Jesus?" Although I was at the airport when Reverend Mark Jefferson, Ph.D. gave his sermon at the Eucharist that followed the closing conference session, thanks to modern technology, I was able to listen to it after I got home. I found it very inspirational and moving, so I'd like to share some of it with you. I have previously posted it on the St. James group FB page.

According to Rev. Jefferson, "to be rooted in Jesus, we are being commanded to rethink Christology for the 21st century." We need to go back to Jesus's roots, to Jesus who was a carpenter and street teacher. We need to go back to Galilee. Rev. Jefferson said, "if we want to be rooted in Jesus, if we want to have a stake in the kingdom, then going back to the ways in which the Gospel touches the real world is actually what we need to do."

Jesus advised that if we're going to follow him, we need to go back to the places that he found important. We need to look into the eyes of those whom Jesus encountered - - - those in whom he saw humanity. "He healed them because he loved them, and he loved them because he saw them." Rev. Jefferson passionately preached that if we don't see them because we're so inwardly focused on liturgy, and worship, and collecting building money, we "might miss the opportunity for something magical." Indeed we might.

Rev. Jefferson compared our relationship with God to one of his house plants that had outgrown its pot. Its roots had become tangled and twisted, greatly diminishing its potential for growth. When he removed and relocated the plant, it began to thrive. Rev. Jefferson declared that "if we stay comfortable in our denominational pots, our ideological pots, and our relationship pots, we will see that our growth begins to hinder itself. Our ability to reach our fullest potential is gnarled and twisted up by our desires to thrive and live." God seeing this says, "I want to save you and make you vital for this age, so let me extricate you, let me hit the pot of your certainty, hit the pot of your ideals and your preconceived notions." God will "plant us in places that need our attention, care, and love, but if we resist leaving the pots of our comfort, we will miss the vitality of the Gospel. Thankfulness is the fruit of our rootedness in God."

So, what does all of this mean? I take this as an edict to always give thanks for our blessings, and to share our gifts with those in need. When we are truly grateful and generous with our time, talent, and treasure, we are doing God's work. When we reach out with love to our neighbors and our communities, we are truly rooted in Jesus. This requires action and a clear sense of purpose. As Presiding Bishop Michael Curry so fervently reminds us, "we are the Episcopal branch of the Jesus Movement!"

Especially as we near Lent later this month - - - a time that invites us to engage in reflection and discernment - - - I ask you to prayerfully contemplate how you can be rooted in Jesus; how you can fulfill your role in the Jesus Movement? To quote Rev. Jefferson, "will you allow God to move you to the nations of the Earth? Or will you die in the pot of your comfort? The choice is yours."

Amen!



February Games Night!

Come for games, stay for food and friendship with your fellow St. James-ers!

When: **February 14**

Time: 6pm

Where: In the Parish Hall

Hosts: Chuck & Susan Furca

Pastoral Care Needs:

If anyone has a scooter that they could loan or donate for a parishioner in need, please contact Wendy in the front office.
Thank you!



Parish Event!

When: **February 25**

Time: **11 am - 6:30 pm**

Where: **Teriyaki Grill**--7194 Union Park Avenue (in the Ft. Union Walmart parking lot, next to Jamba Juice)



You can support St. James just by heading into Teriyaki Grill for lunch or an early dinner!
All proceeds go to the fund to improve things (like our flooring) in our building.
Just click the link below, to the event invitation, and RSVP that you will be there. You can then show up anytime between 11 am and 6:30 pm on the day of the event. Just mention to them that you are here for St. James Episcopal Church. They will give us 20% of all purchases, during those hours. Tell your friends and family!

[Click here to RSVP](#)



F.Y.F.I.

(For Your Flower Information)

The flower chart is available in the Narthex, by the newcomer's table. Please write your name and if you would like a message to appear in the bulletin about your donation on the chart. A donation of at least \$25.00 can be left in the offering plate or sent to the church.

The Altar Guild thanks you for your donation.



The Weeks Ahead at St. James

Saturday	Feb 8	12 pm	Food Bank Delivery & Restocking
Sunday	Feb 9	8 & 10 am	Worship
		12:30 pm	Food Bank Distribution
Tuesday	Feb 11	8 am	Men's Coffee - "Grumpies" - Common Rm
		5:30 pm	Finance Meeting-Office
Wednesday	Feb 12	9 am	Women's Coffee-Ft. Union Target Cafe
		7 pm	NO Choir Rehearsal
Friday	Feb 14	6 pm	Games Night-Parish Hall
Sunday	Feb 16	8 & 10 am	Worship Services
		9 & 11:15 am	Coffee Hours
Tuesday	Feb 18	6:30 pm	Vestry Meeting-Office

Prayers of the People

We all find ourselves in need of support and prayer sometimes. If you'd like to have a concern prayed for, there are several options.

- You may call the church office or email wendy@stjamesutah.com and be added to the bulletin.
- You may also be asked to be left off the bulletin but have a group in the church add you to their prayers.
- Or for healing, there is a prayer bench to the right of the altar where you can go after communion.

You can use the bulletin, throughout the week, to remember who needs prayer.

St. James has a consistent group of charities we raise money for and include in our prayers each Sunday, add those groups to your personal petitions. (Small Cell Ovarian Cancer, Backyard Broadcast, The Granite Education Foundation, The 4th Street Clinic, The Road Home, LLS-Leukemia & Lymphoma Society, and The Utah Food Bank.)

Prayer is one of the ways we care for each other.



Year to date:

68 Volunteers have unloaded, stocked shelves, and distributed food.
204 clients have gotten food for **756 people**.
21,433 pounds of food delivered to St. James for distribution!

Volunteers are always welcome!
It's a rewarding ministry to be a part of.

St. James is an approved Utah Food Bank Partner



May 2, 2020 is Spring Fling.
Save the day on your calendar!

2020 St. James Camping Trips

Save these dates.

Spring May 14th through the 18th, Kodachrome.

Fall August 27th through the 31st., Moon Lake, group site B.



Around the Utah Diocese

[Click here for a link to the latest Diocese newsletter.](#)



GO MONDAY: The next Go Monday youth event will be February 10, at All Saints Church, in Salt Lake City. Doors open at 5:30 for social time, program starts at 6:00 and goes until 8:00 pm. Go Mondays follow along with the program developed by Presiding Bishop Michael Curry called "The Way of Love". Please join for food, fun, music and good conversation!

Interfaith Choir Invitation

Hilltop Gospel Choir is an interfaith music group that is open to all. Rehearsals begin **February 4 at 7:30 pm**, and evening concert dates are May 3, 15 and 17. Hilltop United Methodist Church is located at 985 E 10600 S in Sandy. If interested, contact Roberta Shimensky (801.571.5777 x.3) or mail to:rshimensky@comcast.net.

Welcome at St. James

At St. James, we consider persons 16 and older to be adults, and they are welcome at all Parish activities unless otherwise regulated by law. Persons under 16 years may attend parish events if accompanied by an adult. If organized childcare and/or youth activities are not available, the accompanying adult agrees to provide them appropriate supervision and care.

We LOVE getting your submissions for the newsletter! We LOVE it when you send us photographs you've taken and articles/ideas that you want to share.

When you send us something make sure you put in the subject line "**newsletter**".

Don't put "Koinonia" (because there are many ways that gets misspelled and then I can't search it to make sure I find your submission.)

Koinonia is published weekly, sent to you on Thursdays.

Please submit your articles, ideas, and photos to wendy@stjamesutah.com by **Wednesday noon**.

If you aren't getting the newsletter in your email box right now, let the office know and they will add you to the database. Thank you!

We appreciate your contribution on the newsletter!

Wendy Ormsby, editor / Fr. Christopher Szarke, editor
Carol Gentner, editors' editor