



**St. James Episcopal Church**  
7486 Union Park Avenue  
Midvale, UT 84047

[Click here to visit our  
Website or go  
to stjamesutah.com](http://stjamesutah.com)



## Koinonia

*"Christian fellowship or communion, with  
God or, more commonly, with fellow  
Christians."*

A newsletter of life and ministries  
at St. James Episcopal Church



June 30, 2019

## Vestry Corner



### Building Security

It is such a blessing for us at St James to have a great space for all of our endeavors.

With the constant use of our building, I ask that you help keep our space safe and secure.

St. James does not have a building security person. So, it is our shared responsibility to secure the building when we leave. If you are the last person in the building, please check all of the doors to be sure they are locked.



Here is a short list of what to check.

- Check all exterior doors
  - Sometime people pull bricks in the sanctuary emergency exits to let cool air in.
  - Please check the double doors at the end of the gathering hall. These doors are sometimes propped open.
- Lock the kitchen pantry (we will be changing the lock so that it is easily locked).
- Please make sure the sanctuary doors have the bike locks on the handles.

Also, please help up conserve energy and turn out the lights on your way out, also. (Some lights automatically stay on for safety.)

Sincerely, Doug Sward

### Ministries Inscrutable??

By Susan Furca

You may have read my “Vestry Corner” item a few weeks ago wherein I told of my struggle in finding my contact(s) for our “Welcome and Hospitality” ministry. Well, thanks to Betsy Tubbs, I’ve been straightened out on that matter... but apparently this was only the tip of the iceberg.



Fr. Christopher and our wardens had a discussion last week about St. James’s varied and marvelous ministries and found themselves in somewhat the same boat, and we

know what an iceberg can do to a boat! Especially with the new parishioners we're attracting, it's important that the Vestry (to whom visitors are referred for information) know what all our ministries are, who's in charge of what, and who else is involved (especially if the ministry leader isn't close at hand). They've asked me to gather information from y'all (*and I do mean all*) to create an org chart showing our various ministries, their leaders (if anyone) and other members/participants. Please *don't* lay this on me orally at coffee hour, because I'll never remember it. Please *do* email me SLFurca@gmail.com:

- your name,
- the ministries you participate in, and
- who (to your knowledge) is the leader of each.

Sooner is way better than later on this. Thanks in advance for your assistance.



## Food Bank Transition

By Angela Micklos & Nazanin Nourmohammadi

Those of you who have participated in the St. James Food Bank ministry know that we're making an enormous impact on our community. As of June 20th, we've received 116,999 pounds of food, and have served 3668 people in 2019. None of it would be possible without volunteers, of which we've had 327 so far this year. Thank you to all who give of your precious time to help those in need.

St. James owes a tremendous amount of gratitude to Nazanin Nourmohammadi for making the foregoing possible. Thanks to her initiative and overwhelming desire to help those in need, Nazanin convinced parish leadership in February 2011 to partner with the Utah Food Bank (UFB), and the rest is history.

In 2018, St. James formed a Food Bank Committee to review and ensure compliance with our UFB contract, create policies and procedures, examine training needs, and develop consistent processes for records storage, reporting, and volunteer notification. By doing the foregoing, we were able to relieve Nazanin of the "busywork" of running the Food Bank to enable her to concentrate on public relations and ministry, as well as her postulancy.

As you know, Nazanin is engaged in the arduous process of becoming a Deacon, which will necessitate her taking on a much larger pastoral role in the parish. To ensure that she has ample time and energy to engage in this process, Nazanin will be stepping down as Food Bank Director effective July 1, 2019. Not to worry, as she'll still volunteer as she's able, and will fill various pastoral roles. Additionally, the Food Bank Committee and our amazing volunteers will continue to ensure that things run smoothly.

We want to thank and honor Nazanin at a special coffee hour on July 7th after the 10:00 a.m. service. Please mark your calendars and attend if you're able.

### A message from Nazanin:

*I want to thank everyone who has made our food bank possible from the bottom of my heart. We first started on this journey by only helping 5 families in 2011. With all of your help and hard work we have grown to serving over 300 families per month to date. I know this will*

*keep growing with all of your hard work. You have all stepped up no matter what and got done what was needed to be done without complaint. You have all been so amazing to work with. So amazing in fact that I have decided to step down as the director of the food bank so that I can continue my ministry in other ways. Because you have all been so amazing nobody will be replacing me. You have all already picked up my responsibilities and have been doing a better job than I could ever do by myself. I will still be volunteering with you whenever possible. Thank you all again, this would have never been possible without all of your hard work.*

*Your servant and your sister in Christ+ Nazanin Nourmohammadi*



---

## Rector's Thoughts

### The Ministry

Q. Who are the ministers of the Church?

A. The ministers of the Church are lay persons, bishops, priests, and deacons.

Q. What is the ministry of the laity?

A. The ministry of lay persons is to represent Christ and his Church; to bear witness to him wherever they may be; and, according to the gifts given them, to carry on Christ's work of reconciliation in the world; and to take their place in the life, worship, and governance of the Church.

Q. What is the ministry of a deacon?

A. The ministry of a deacon is to represent Christ and his Church, particularly as a servant of those in need; and to assist bishops and priests in the proclamation of the Gospel and the administration of the sacraments.

Q. What is the duty of all Christians?

A. The duty of all Christians is to follow Christ; to come together week by week for corporate worship; and to work, pray, and give for the spread of the kingdom of God.

*Catechism, The Book of Common Prayer, 855-856.*

I'm passionate about supporting people in their vocations to lay or ordained ministry. As you are aware, our Postulant Nazanin has had a long process of preparation for the Vocational Diaconate. This process involves countless hours of discernment, prayer, study, writing papers, serving in ministry roles, mentorship, and meeting before committees.

In one diocese, the process includes meeting before 40 committee members before the process is completed, testing the patience, resilience, and commitment of the person. This may seem like hoops to jump through, but I find that it is good preparation for the ministry challenges that inevitably arise, adaptability, and the ability to lean deeper into prayer and the support of colleagues when one is tested.

Nazanin has demonstrated creativity and commitment through her role in the founding the St. James Food Bank and now it's time to move forward into the next steps of her discernment. You'll see her in new roles, with a more frequent liturgical role, as a Eucharistic Visitor to our homebound and hospitalized parishioners, and greater connection with our larger Diocese. This will prepare her for the next time she meets with the Vestry to request their endorsement for further steps with the Commission on Ministry and the Standing Committee, which are necessary for a postulant to be presented to the bishop for ordination.

Thank you, Nazanin, for your commitment to the St. James Food Bank and I look forward to your continued discernment and preparation for the Vocational Diaconate.

I request the parish's prayer for Nazanin in this process.

Faithfully, in Christ,

*Fr. Christopher*

---

## Jerusalem Trip



Photo: With Episcopal [Presiding Bishop Michael B. Curry](#)

at St. George's Cathedral, Jerusalem, on Good Friday 2018.

St. James will have our first Pilgrimage to the Holy Land in 2020. We will arrive on April 9th and leave on April 21st. Fr. Christopher will attend as our parish leader and the Rev. Canon Mary June Nestler will be our pilgrimage teacher. We currently have 10 spaces reserved and could add more if reservations are made this summer.

In 2020 Eastern Orthodox Easter and western Easter will be one week apart, affording the remarkable opportunity to experience two very different Holy Weeks and Easters back-to-back in Jerusalem. It will include a three-day excursion to Galilee as well.

This course is aimed towards those who may have a particular interest in liturgy, church history, or ecumenical studies, but it will also be geared to first-time visitors in the Holy Land who wish to experience a study pilgrimage with very different parameters from those that traverse the land. Mini-lectures, guest speakers, and special visits to churches not normally seen on St. George's College courses will supplement the main focus of the course: preparing for, attending and debriefing liturgies in the Greek Orthodox, Ethiopian Orthodox, Coptic, Roman Catholic, Armenian Orthodox and Anglican traditions. Students will be encouraged to become more acquainted with these ancient traditions on their return home by continuing in ecumenical exploration and fellowship.

The cost of the Pilgrimage is \$2,550. There is a \$500 deposit, with the remaining billed one month before the first day. (Additional costs include airfare, airport shuttle, drinks at restaurant meals, \$100 gratuity for staff, and lodging the night before and after the pilgrimage.) Angela Micklos is arranging a travel agent to find us the best airline rate and so we may travel together. *Please contact Fr. Christopher when you register.*

The St. James Pilgrims will meet at the parish 4-6 times before we depart to begin forming a community, to pray for the pilgrimage, and to learn about Holy Week and Easter liturgies and the current political situation in the Holy Land and how this impacts our Christian, Jewish, and Muslim sisters and brothers.

For more information click the link below:

**[St George's College Jerusalem](#)**



Mary June Nestler giving a compelling tour to Fr. Christopher and group.

## The Weeks Ahead at St. James

Sunday	June 30	8 & 10 am 9 & 11:15 am	Worship Coffee Hours
Monday	July 1	6:30 pm	Pastoral Care Committee-Office
Tuesday	July 2	8 am	Men's Coffee "Grumpies"-Common Room
Wednesday	July 3	9 am	Women's Coffee-Ft. Union Target Starbucks Cafe
Thursday	July 4		<i>Office Closed for Independence Day Holiday</i>
Sunday	July 7	8 & 10 am 9 & 11:15 am	Worship Coffee Hour
Tuesday	July 9	8 am	Men's Coffee "Grumpies"-Common Room
Wednesday	July 10	9 am	Women's Coffee-Ft. Union Target Starbucks Cafe
Saturday	July 13	12 Noon	Food Bank Delivery & Restocking
Sunday	July 14	8 & 10 am 9 & 11:15 am 12:30 pm	Worship Coffee Hours Food Bank Distribution

### Year to date:

**327** Volunteers have unloaded, stocked shelves, and distributed food.

**949** clients have gotten food for **3668** people.

**116,199** Pounds of food delivered to St. James for distribution!



***St. James is an approved Utah Food Bank Partner***



## Mini Acolyte Crisis

We have a small acolyte problem...wait...a tiny...no the size of the acolytes is not the problem, it is the quantity. *We need acolytes!*

If you've thought about acolyting, now is the time to volunteer for this rewarding experience. Our worship services are enhanced by the work of these wonderful acolytes.

Summer is here and schedules are hard to predict. If you can, step up and help us in this endeavor, we thank you!!!

We are looking for a few adults to step up during these lean times, too.

We are also looking for a manager of acolytes. This position works to continue recruiting and training acolytes and acolyte leaders. It's a role that doesn't take much time but is so important!

If you have questions, please contact Terry Palmer or Wendy Ormsby.



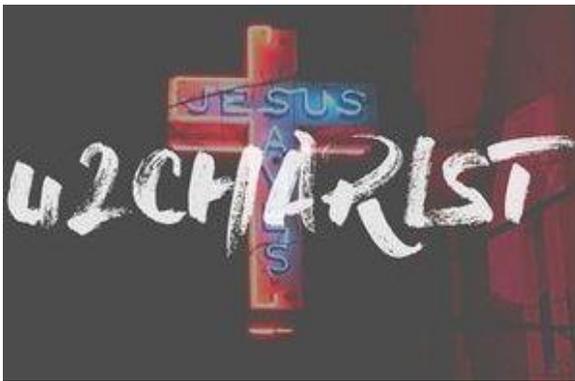
## A Heads Up For Women's Coffee

The usual meeting place for the St. James' Women's Coffee Group is the Starbucks Cafe at the Ft. Union Target. Due to a major renovation, the group won't be able to meet there beginning the week of July 28. For about 6 weeks, the group will meet in the Common Room at St. James. You can bring your own coffee or get a cup in the office. For more information, contact Mary Dillon.



Mark July 14th on your calendar.  
There will be a special gathering to plan  
Christian & Youth Christian Education  
for the upcoming school year.  
The conversation will take place  
during the 2nd Coffee Hour at 11:30 am.

## MUSICIANS WANTED



### MUSICIANS OF ALL KINDS TO HELP WITH THE U2CHARIST!

Whether you are a huge U2 fan or don't  
have any idea who U2 is,  
we welcome you to our group! Singers,  
drummers, guitar players, or  
harmonica! Whatever your talent, all are  
welcome!

**The U2charist will be held on  
July 21st, at 10:00 am.  
Please contact Terry Palmer  
at 801-518-1404 or  
[thpslc@comcast.net](mailto:thpslc@comcast.net)  
to learn more!**

A Sweet Gift From Wanda



June marks the 1 year anniversary of the passing of our dear Wanda

Lingo.

Wanda's absence is easy to notice at St. James; acolytes, coffee hour, altar guild, etc...etc... each ministry that was touched by Wanda misses her deeply.

Dave Lingo keeps us posted regarding the good Wanda is still doing. The donations received, after her passing, have blessed many charities that Wanda was passionate about. This week, Dave donated dozens of commercial kitchen implements, in the name of Wanda, to Flourish Bakery.

For many years, Wanda and Dave worked in commercial kitchens planning menus for airlines and other major operations.

Flourish Bakery is a developing social enterprise of the non-profit, *Unshackled*. Launched by a group of Utah Episcopalians and culinarians, *Unshackled* aims to create and cultivate a sustainable community where individuals who find themselves marginalized in society may transform their lives through mentor relationships grounded in life and job skills training. And they make delicious baked goods!

Wanda would be so proud that her collection of cookware could go to such a worthy cause. Helping people to find job skills when coming out of prison and/or recovering from addiction. What a wonderful thing that we can still see Wanda's hand in blessing the lives of others.

## Annual Fall Camping Trip

Yuba Reservoir  
Painted Rocks Campground

**September 14 & 15**

(Many will be staying from the 12-16)

Yuba State Park, Painted Rocks Camp  
Ground, Loop A. (PR01 - PR22).

**[Click here to register  
for your camp spot.](#)**



---

## Around the Utah Diocese

**[Click here for a link to the latest Diocese newsletter.](#)**

---

## Camp Tuttle

2019 Summer Camp Tuttle Schedule:

- 5th and 6th Grade Camp (July 7 – 12)
- 7th and 8th Grade Camp (July 14 – 19)
- High School Adventure Camp (July 21 – 26)
- Family Camp (August 2 – 4)

New software links for registrations for Camp Tuttle and youth retreats:

**[Enroll New Camper](#)**  
**[Parent Dashboard Login](#)**  
**[Request Information](#)**



The first time you enroll for camp or youth events through CampSite software, you will need to create an account. Please click on "Enroll New Camper". This will allow you to create an account and then access the enrollment form right after. Once you create an account, you will use the "Parent Dashboard Login" link moving forward, and login to your account that you set up to access the enrollment form again or manage your accounts. If you have questions, please email [camptuttle@episcopal-ut.org](mailto:camptuttle@episcopal-ut.org) or call 801-322-4131.

---

Koinonia is published weekly. Please submit your articles, ideas, and photos to [wendy@stjamesutah.com](mailto:wendy@stjamesutah.com) by Wednesday noon.  
Please put "Newsletter" in the subject line so we will never miss an item.

Thank you!

We appreciate your contribution on the newsletter!

**Wendy Ormsby, editor / Fr. Christopher Szarke, editor**  
**Carol Gentner, editor's editor**